

FEEDING BIRDS Through THE SEASONS



SUMMER

Birds naturally forage for worms and insects. Help them by planting flowers and plants that attract insects.

AUTUMN

By feeding birds now, they'll know they can rely on your garden for food in winter. Only when it gets very cold should you offer fat balls and peanut garlands.





WINTER

Birds need extra energy to maintain their body temperature. From December to February, offer high-fat food and keep your bird table well-stocked. Stop providing fatty food when temperatures stay above freezing.

SPRING

Birds are busy building nests and searching for natural food for their chicks. Only adult birds will eat from your feeder. The food should be rich in calcium and protein, such as mealworms.





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